

# CARDIAC MEDICATION INFORMATION FOR ADULT PATIENTS

## **Fosinopril** (Brand Names: Monopril, others)

### **What is this medicine for?**

- used to treat high blood pressure
- used to treat heart failure

### **What is my dose?**

\_\_\_\_\_ mg ( \_\_\_\_\_ tablets) by mouth every \_\_\_\_\_

### **How should I take this medicine?**

- Take only the amount prescribed by your doctor. This medicine should only be taken by the patient for whom it is prescribed.
- Do not stop taking fosinopril unless told to do so by your doctor.
- Take it at the same time every day. Marking a calendar may be a helpful reminder.
- Fosinopril may be taken with food or milk to prevent stomach upset.
- Do not take antacids within 2 hours of taking fosinopril.

### **How should this medicine be stored?**

- Keep medicine in its original bottle.
- Keep all medicine out of the reach of children.
- Store tablets in a cool, dry place away from sunlight.

### **What should I do if I vomit after a dose?**

- If vomiting occurs less than 15 minutes after the medicine is taken, take the entire dose again. If more than 15 minutes have passed, do not take it again until the next scheduled dose.

### **What should I do if I miss a dose?**

- Take the dose as soon as you remember it. However, if it is almost time for the next dose, do not take the missed dose. Never try to make up missed doses by taking extra medicine.

### **What precautions or special instructions should I know about?**

- Do not take any other medicines, including over-the-counter medicines, until you have checked with your doctor, nurse, or pharmacist.
- This medicine may make you dizzy. Be careful when performing a task requiring alertness, such as driving.
- **Tell your doctor if you are pregnant or breastfeeding, or if you are planning to become pregnant, before taking this medicine.** If you become pregnant while you are taking this medicine, contact your doctor as soon as possible. Your doctor may change your medicine or ask you to stop taking it.

### **What are the common side effects of this medicine?**

- dizziness, light-headedness (get up slowly after lying down)
- cough
- mild nausea or diarrhea

### **Call \_\_\_\_\_ immediately if you have:**

- |  |                                      |
|--|--------------------------------------|
| - skin rash                                    | - fast heartbeat, chest pain         |
| - persistent cough                             | - swelling of legs, ankles, or feet  |
| - numbness or tingling in lips, hands, or feet | - swelling of face, lips, or tongue  |
| - fever  | - difficulty breathing or swallowing |
| - mouth sores or a sore throat                 | - unusual bleeding or bruising       |
| - yellowing of the eyes or skin                |                                      |

**If you have taken too much medicine, call your nearest poison control center or hospital immediately.**

**This medication information sheet is a summary and intended for information purposes only. If you have any questions, please ask your doctor, nurse, or pharmacist.**